

INFORMATION ON KAZEN KAI HARLOW DOJO REOPENING

We wanted to take this opportunity to advise you of the improvements that we have made and protocols that we have put in place at the dojo to improve everyone's safety.

General Building Improvements:

- All doors and windows will also be kept open where possible and fans will be running to increase the fresh air flow in the building.
- Social distancing markers placed on the floor both in and around the dojo.
- A one way system will be in place with entry via the main door and exit via the courtyard.

Increased Hygiene Measures:

- All equipment and contact points such as door handles etc will be cleaned between each class.
- Hand sanitiser is available for use at the dojo entrance and exit.
- Tissues are available with plenty of bins for safe disposal.
- We recommend that members wash their hands before arriving at the dojo and where possible use their own hand sanitiser.
- There will be one toilet available for use, but we ask that you use the toilet at home before coming to the class.

In Class Protocols:

- A 4m squared area will be allocated to each individual in the class.
- Where required access will be provided to a bag or dummy to work with following social distancing guidelines.
- There will be no pair work or sparring in any classes.
- All equipment and contact points such as door handles etc will be cleaned between each class.

How to book a class:

As we will be running classes at limited capacity to be able to adhere to social distancing guidelines we will be operating an online booking system. Please refer to your booking link in your email.

Zoom Classes:

We will still be offering a limited amount of Zoom classes, the new Zoom timetable will be available on our website.

What we expect from our members and parents:

- All sessions must be pre-booked via the booking system link, please refer to your booking link in your email.
- Students should arrive in their Gi and make sure that their equipment is brought in a bag.
- All students will need to bring Hand Pads or bag gloves, leg and foot pads (for use on equipment to avoid skin contact on equipment) and a water bottle. All of these items must be kept in your bag at all times when not being used.
- All members must bring their membership card and swipe in for each session attended, this is important so we can comply with the Government Track and Trace Policy.
- Please arrive 5 minutes before the class start time and no earlier, to adhere to social distancing rules.
- Children will be brought out to the courtyard and we ask parents to wait outside the fence for their children.
- Please ensure that all children are collected from the instructor promptly at the end of the class.
- Where possible all payment for classes should be by monthly standing order. Any payments at the centre should be contactless and card payments.
- If you are feeling unwell in any way please do not attend your class.

We hope that our improvements and measures outlined above make you feel comfortable about returning to the dojo. As we are sure you can appreciate we are all working hard to ensure that we can adhere to the government guidance and are learning along the way, please bear with us whilst we begin to get used to our new measures. If you feel uncomfortable attending inside classes, please speak to your instructor - we are keen to hear your feedback and improve to help make everyone feel safe.